



YMCA

We build strong kids,
strong families, strong communities.

**132nd Annual Meeting
of the Owen Sound Family YMCA
2008-2009
Annual Report**



We would like to recognize our key community stakeholders:

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- Owen Sound Rotary Club
 - Bluewater District School Board
 - Bruce-Grey Catholic District School Board
 - City of Owen Sound
 - Township of Georgian Bluffs
 - Municipality of Meaford
 - Better Pool Committee
 - Owen Sound Aquatic Club
 - Grey Bruce Health Unit
 - County of Grey
 - County of Bruce
 - Y Service Club
 - Ministry of Training, Colleges and Universities
 - Ministry of the Attorney General
 - Ministry of Health and Long Term Care
 - Ministry of Children and Youth Services
 - Ministry of Community Safety and Correctional Services
 - Service Canada
 - Grey Bruce Regional Health Centre
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President and CEO Message

The Owen Sound and Area Family Y is committed to providing quality, accessible child care; health, fitness and recreation; and community and employment services to the communities of Grey and Bruce Counties. The Family Y welcomes people of all backgrounds, regardless of economic status, age, gender, ability, race and religion. Our financial assistance program helps to ensure that all are able to attend, no matter what their financial situation. In partnership with many key community stakeholders, we are able to offer more to our community than we could on our own. The Family Y has been an important cornerstone in our community for over 130 years, as it has grown and evolved to meet changing needs. The YMCA started in Owen Sound in 1877 and the YWCA in 1920. After an amalgamation between the two organizations to the Owen Sound YM-YWCA in 1966, the organization became the Family Y in 1991. As we move forward in these challenging economic times, it is important to celebrate our successes and look forward with vision to the future. Our core values of Caring, Honesty, Respect and Responsibility guide our everyday decisions and actions. We believe in the principles of: inclusion, the potential of people, our important contribution to our community, the development of the total person in spirit, mind and body, the joy and spirit of giving, and that ordinary people can make a difference! We will continue to listen to our community and strive to meet their needs as we build strong kids, strong families and strong communities.

This truly is an exciting time for the Family Y and the communities we work with. We would like to thank our Board of Directors, our committee and fundraising and program volunteers, our donors, and our staff for all going above and beyond expectation.

*Evelyn Dean,
President*

*Gayle Graham,
Chief Executive Officer*



Health, Fitness & Recreation

The YMCA started in Owen Sound in 1877, occupying a meeting hall and offering a social opportunity for men to read and discuss issues. Two buildings followed, one in 1899 on 2nd Ave. E. and the next in 1906 on 10th Street East with a swimming tank in the basement and at a cost of \$20,000. In 1967 our present facility opened and was upgraded with renovations in 1992.



Originally, activities included men only; with bowling, basketball and swimming as some of the earliest activities. Children and families soon followed with programs for preschoolers and youth swimming lessons. Over the years, there has always been an emphasis on the total person in spirit, mind and body, even as the activities changed and evolved. In the last thirty years, a wide variety of fitness classes were added. And in the last dozen years, individual workout options in the conditioning and fitness centre became very popular.

Today, the Family Y offers hundreds of programs each year to approximately 3,000 members and over 500 program participants from infants to seniors. Fourteen per cent of our membership receives financial assistance to help ensure accessibility and inclusion. Our Y Strong Kids campaign and other special fundraising events raise funds for the financial assistance program and we are very grateful to our donors for their support. We provide day camp experiences to over 200 children per day in the summer and 652 campers attended Camp Presqu'ile, which we operate in partnership with the Owen Sound Rotary Club. The funding support of Grey County for the Grey County National Child Benefit program is much appreciated; 646 children were able to participate in community recreation activities and the good food box program through this initiative. We continue to respond to emerging needs by offering health related programs such as activities for the prevention of childhood obesity and the Cardiac Rehabilitation program, conducted in partnership with the local hospital.



In 2008, we formed a partnership with the City of Owen Sound to operate their Harrison Park Day Camps and Pool. We are also working on a partnership with the City of Owen Sound, the Township of Georgian Bluffs, and the Municipality of Meaford for a new multi-purpose regional recreation facility. We would like to thank all members of the Regional Recreation Facility Task Force for their invaluable assistance for this project.

We look towards the future and to continuing to create partnerships in response to the growing needs of our regional community.

Community & Employment Services

In 1983, with government support, the Family Y began offering employment services. In 2008, 1,000 youth and adults met one-on-one with a YMCA Employment Counsellor, either in one of our four office locations, in one of thirteen high schools where we have weekly office hours or in one of many rural communities where staff travel to meet with clients as close to home as possible, (including Owen Sound, Hanover, Walkerton, Wiarton, Southampton, Port Elgin, Meaford, Flesherton, Markdale, Dundalk, Thornbury, Kincardine, Chesley, Durham, Lion's Head, Teeswater, Paisley, Sauble Beach, Hepworth, and Tobermory). Additionally, we had over 26,000 visitors to our four employment resource centres last year.

In 2008 the economy played an important role in shaping Y Employment Services. Numerous plant closures forced displaced workers into the job market. We provided YMCA staff to help. Our employment resource centres saw increased numbers and Employment Counsellors struggled to keep up. Our mobile computer lab was also put to good use as YMCA staff travelled to outlying Grey/Bruce communities to meet with people. Over 60 workshops were held with 300 people, improving their resumes and computer skills. As we look to the future, staff are working to increasing their knowledge to help job seekers find work in an age of technology. Social networking and e-portfolios are resources and considerations in the new job market.

In 1920 the YWCA opened a residence for young women coming to Owen Sound to attend school or find work. It is unclear when this service ended, however by 2000, the Family Y was again involved in housing. The Family Y Housing Support Program, supported by Grey and Bruce Counties, provides assistance to those who are over age 16 to find safe and affordable housing or to maintain their current living situation. We are able to develop an action plan suitable to the client, help fill out applications and link them to other resources and programs within the community. In partnership with other agencies and organizations, we assisted over 1,500 people/families in Grey and Bruce Counties in 2008. Of those people helped, 530 people/families were homeless; living on the street, in a barn, car, tent, shelter, hospital or just plain couch surfing. The Family Y Housing Support Program is currently reaching out to landlords and people who may have rooms to rent. Recently the program has received donations of emergency kits, grocery vouchers, toothbrushes along with household items – all very welcome for people who find themselves without basic necessities as they struggle to find safe, affordable housing.



In 1987 the Family Y began offering services to people involved in minor offences, providing alternative justice measures that provide a consequence for illegal behavior and also, at times, involves the victim in the process. In 2008, Restorative Justice continues to address the need for a community response to minor offences by ensuring that people involved in committing minor acts take responsibility for their actions and appreciate the impact of their actions on others in their families or in the community. This may take the form of performing a community service, a formal written apology, restitution, a Youth Justice Circle, or other methods. In the last year 366 people we involved in these programs. We will continue to promote the use of restorative justice measures throughout Grey and Bruce through our connections with police, legal representatives, Crown Attorneys, probation officers, and others.



Child Care

The Owen Sound Family Y began providing nursery school in 1967 in the present conditioning room and Chapel of our recreation facility. In 1990, we began full-time child care and moved to a renovated house next door, serving approximately 40 families and offering before and after school programs at three schools. In 1995 child care programs expanded into Port Elgin with full day preschool, before and after school and summer day camp programs.

Child care grew tremendously from 2003 to the present with support from Grey County, Bruce County, the Bluewater District School Board and the Bruce-Grey Catholic District School Board. During this period, the Family Y established new programs in Kincardine, Ripley, Lucknow, Hanover, and Alexandra School in Owen Sound. In 2008 the Family Y opened a new 87 space centre in Port Elgin, with the generous support of Bruce County and the community.

With all this expansion, the Family Y continued to focus on quality care and in 2006, implemented the National YMCA child care curriculum, "Playing to Learn". This curriculum provides an understanding of how play provides the foundation for learning to read and write, and for learning mathematics, science and technology. It provides early educators with the skills to prepare spaces that are more conducive to learning, and with the best practices to encourage quality learning experiences. In our Before and After School Programs, we have implemented YMCA Healthy Child Development and the YMCA Catch Club training, focusing on nutrition and physical fitness.

Currently we serve 1,080 children daily through 6 full day preschool child care centres providing 393 child care spaces; 18 Before and After School Programs providing 437 child care spaces; and 2 Summer Day Camps.

As we look to the future, there are many factors that may impact our services, such as the implementation of full day Junior/Senior Kindergarten. However the future unfolds, we will continue to tailor our services to meet the needs of our community.



OWEN SOUND FAMILY Y.M.C.A.
(Operating as the Family Y)
CONSOLIDATED STATEMENT OF OPERATIONS
For the year ended March 31, 2009

	2009 \$	2008 \$
REVENUES		
Contributions and bequests	27,095	36,059
Fundraising	51,715	51,987
Government purchases and grants	3,750,077	3,547,320
Membership dues	931,872	880,107
Program fees	1,954,936	1,481,367
Services and supplies	6,016	5,653
Interest income	32,520	39,420
Rent	80,157	80,825
Administration	46,667	24,747
Other	<u>21,453</u>	<u>31,193</u>
	6,902,508	6,178,678
Wage Subsidy Grant	<u>683,699</u>	877,234
Donation of land – in kind		<u>222,500</u>
	<u>7,586,207</u>	<u>7,278,412</u>
EXPENSES		
Printing and promotion	58,789	54,263
Amortization of capital assets	127,791	141,874
Bad debts	13,367	5,189
Bank charges and interest	30,872	22,942
Employee benefits	558,424	519,511
Equipment	195,876	135,135
Fundraising expenses	26,742	18,779
Membership and association fees	80,538	69,516
Occupancy	638,291	750,777
Office equipment rentals	10,449	10,890
Other expenses	17,733	9,099
Postage	13,263	13,556
Professional fees	97,114	16,000
Purchased services	2,424	3,274
Salaries and wages	4,366,762	3,769,892
Staff and volunteer expenses	142,075	116,167
Supplies	337,084	319,925
Telephone	<u>53,933</u>	<u>46,615</u>
	<u>6,771,527</u>	<u>6,023,404</u>
Excess of revenue over expenses before other	<u>814,680</u>	<u>1,255,008</u>
Other		
Wage Subsidies	677,832	871,010
Special Support Allowances	<u>145,674</u>	<u>85,547</u>
	<u>823,506</u>	<u>956,557</u>
Excess of revenue over expense	<u>\$ (8,826)</u>	<u>\$ 298,451</u>

Owen Sound Family Y.M.C.A.
Consolidated Balance Sheet
As At March 31, 2009

ASSETS

	2009	2008
Current		
Cash and Bank	745,051	443,565
Short-term investments	686,795	663,767
Accounts receivable	<u>139,689</u>	<u>320,865</u>
	1,571,535	1,428,197
Capital assets	<u>1,304,742</u>	<u>1,370,248</u>
	<u>\$2,876,277</u>	<u>\$2,798,445</u>

LIABILITIES AND NET ASSETS

Current		
Accounts payable & accrued liabilities	349,364	467,387
Demand loan	-	100,000
Deferred revenue	<u>495,449</u>	<u>195,768</u>
	<u>844,813</u>	763,155
Net Assets		
Invested in Net Capital Assets	1,304,764	1,370,270
Endowment Fund	633,050	605,422
Internally Restricted Fund	45,117	45,117
Unrestricted	<u>48,533</u>	<u>14,481</u>
	<u>2,031,464</u>	<u>2,035,290</u>
	<u>\$2,876,277</u>	<u>\$2,798,445</u>

Auditor Comments:

The consolidated balance sheet and the consolidated statement of operations of the Owen Sound Family YMCA have been extracted from the entire financial statement package of the organization audited by BDO Dunwoody LLP Chartered Accountants. The complete financial statement is available for review at the Owen Sound Family YMCA head office during normal business hours.

OWEN SOUND FAMILY Y BOARD OF DIRECTORS

	POSITION	CAREER
Evelyn Dean	President	Business Owner
Jason Cranny	Past President	Youth Advisor
Brian Dean	Vice President	Manager Customer Service
Tracy Henderson	Vice President	Family Support Worker
Mark Avery	Director	Teacher
Mark Cruikshank	Director	Retired
Crystal Osborne	Director	Registered Nurse
Bill Ringel	Director	Police Constable
John Slocombe	Director	Professional Engineer
Doug Bierer	Director	Chartered Accountant
Marie Martin	Director	Administrative Assistant
Todd Griffith	Director	Retail Manager

SENIOR MANAGEMENT TEAM

Gayle Graham,
Chief Executive Officer

Dennis Morrison,
Director of Child Care Services

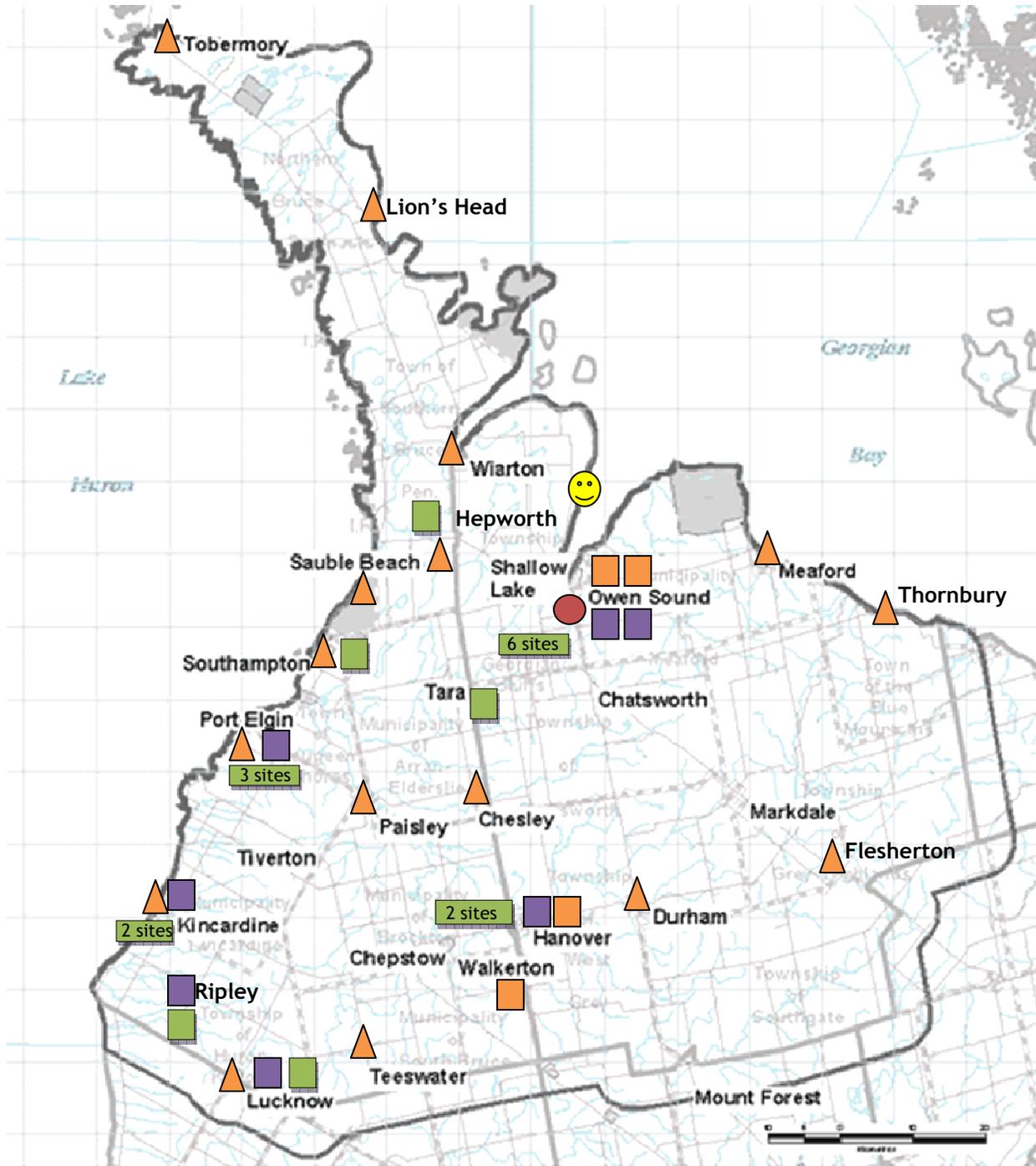
Kim Williams,
Centre Manager,
Health, Fitness and Recreation

Bill McDougall,
Manager,
Community & Employment Services

Al Nightingale,
Director of Facilities

Susan Kuznicki,
Director of Finance





Owen Sound Family YMCA
 640 2nd Avenue East, Owen Sound, ON N4K 2G8
 Phone: (519) 376-0484
www.ymcaowensound.on.ca

- Health, Fitness & Recreation
- Child Care Centres
- Before & After School Child Care – First Base
- Community & Employment Services Offices
- ▲ Locations where Community & Employment can access office space to meet with clients
- 😊 Rotary Youth Camp Presqu'île



YMCA

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strong families, strong communities.



The Owen Sound Family YMCA

Family Y Health, Fitness and Recreation

640 2nd Ave. E.
Owen Sound, ON N4K 2G8
Phone: (519) 376-0484

Family Y Child Care

640 2nd Ave. E.
Owen Sound, ON N4K 2G8
Phone: (519) 376-0484 ext. 211
www.ymcaowensound.on.ca

Mission Statement

The Owen Sound Family YMCA is a charity dedicated to building a caring, healthy community by creating opportunities for all people to achieve personal growth in spirit, mind and body.

Vision Statement

The Owen Sound Family YMCA will be a recognized and valued leader in making a positive difference to the health and well-being of our community through the provision of values-based programs and services that reflect the changing needs of our community.

Core Values

Our Y's core values guide our everyday decisions and actions. We encourage everyone involved with the Y to accept and demonstrate these values.

Caring: accepting others, being compassionate, generous, sensitive and thoughtful towards the needs of others.

Honesty: shown through integrity, fairness, and sincerity in words and deeds, being trustworthy and trustful.

Respect: acknowledging the inherent worth in oneself and others, treating others fairly and justly.

Responsibility: being accountable for one's behavior, obligations and actions.

*We weave these values into
all of our programming.
We believe each person is valuable
and can make a difference!*



Family Y Community & Employment Services

648 2nd Ave. E.
Owen Sound, ON N4K 2G8
Phone: (519) 371-9222
www.ymcaowensound.on.ca