



Owen Sound and Area Family YMCA  
[www.ymcaowensound.on.ca](http://www.ymcaowensound.on.ca)



**134th Annual Meeting of the  
Owen Sound and Area Family YMCA**

**2010-2011 ANNUAL REPORT**

**My Y... for Life**

*"Growing with you in spirit, mind and body"*



**For all ages and stages of life.  
My Y... for Life.**

## President and CEO Message

From its beginning as a meeting place and reading room, the Family Y has grown and changed to meet the needs of its developing community for the past 134 years. Today, our Y supports a healthy Grey Bruce through our emphasis on fitness, health and recreation, child care, employment support and the provision of community services.

### **My Y is:**

- Open for all, regardless of background, age, gender, ability or financial circumstance
- Accessible for all through its financial assistance program and structural design
- Filled with opportunities for growth in spirit, mind and body for all ages
- Welcoming and ensures all feel comfortable and safe within
- Governed by community volunteers who continually seek new and better ways to serve
- Committed to providing the necessary support and resources for everyone through all life stages, from infants to seniors.

### **For Life:**

- Infants bond with parents while swimming in the pool
- Toddlers interact with others at babysitting while their parent enjoys a workout with friends
- Youth build life skills during swim lessons, sports programs, day camp, resident camp and leadership programs
- Teens gather in a safe environment together at Saturday Teen Night
- Youth are educated about the dangers of gambling
- Adults and students learn the skills necessary to become employed
- Students access resources to find their first part-time job
- Low-income individuals and families receive financial assistance to participate in recreation programs
- Minor offenders take accountability through the Alternative Justice Program
- Families and children find support in child care programs for children 18 months to 12 years
- Families and individuals find respect and solutions for their homelessness
- Seniors attend the Cardiac Rehabilitation program and improve their health
- Seniors gather with friends to attend fitness and social programs
- People of all ages improve their health through a wide variety of fitness and recreation activities

Life happens and the Y is always there to help, providing service in the values oriented atmosphere of caring, honesty, respect and responsibility. **My Y belongs to our community for Life.**

The past year has seen changes in our Family Y. Employment Ontario is now in place with a one stop approach to employment needs, providing services mainly in Grey County. Child Care continues to evolve with the implementation of full day learning for kindergarten children, and Health, Fitness and Recreation prepares for its biggest change in over 40 years with the building of the new Regional Recreation Centre, which will house our Y alongside two ice pads.

Our volunteers continue to step forward to meet the challenges of our association, the biggest being our \$5M fundraising campaign for the new centre. Our future is before us with a new facility and new opportunities for expanded capacity to meet our community's needs. We would not have achieved our successes without the support of our volunteers, our donors, our partners, our members and our community.

We are proud of our services and being a part of the lives of our community.

Many thanks for allowing us to be **Your Y... for Life.**

Evelyn Dean  
President Y Board

Gayle Graham  
Chief Executive Officer

# Family YMCA Factsheet



## In the Community

*We would like to recognize our key community partners:*

- Better Pool Committee
- Bluewater District School Board
- Bruce-Grey Catholic District School Board
- Canadian Tire JumpStart
- City of Owen Sound
- County of Bruce
- County of Grey
- Government of Canada
- Grey Bruce Health Unit
- Grey Bruce Regional Health Centre
- Ministry of Children and Youth Services
- Ministry of Community Safety and Correctional Services
- Ministry of Health and Long Term Care
- Ministry of the Attorney General
- Ministry of Training, Colleges and Universities
- Municipality of Meaford
- Owen Sound Aquatic Club
- Owen Sound Rotary Club
- Service Canada
- Township of Georgian Bluffs
- Y Service Club

**47** sites throughout Grey and Bruce counties

- 1 Health, Fitness and Recreation Centre
- 2 Employment Resource Centres
- 17 Before and After School Child Care programs
- 5 Child Care locations
- 16 Sites in Grey and Bruce where Community and Employment staff can access office space to meet clients
- 1 Outdoor sleepover camp - Camp Presqu'île
- 1 Community Services office
- 4 Day camp programming locations

**14,643** members and program participants

- 1,166 Child care participants
- 3,544 Health, fitness and recreation participants
- 5,318 Social and community services participants
- 1,727 Employment services participants
- 2,888 Resident and day camp participants

**20,152** visits to Employment Resource Centres

**19%** of Health, Fitness and Recreation members received financial assistance

**153** volunteers dedicated many hours of support

**122** full-time staff

**70** part-time staff

**80** partnerships with local organizations

# Nurturing the Potential of children, teens and young adults

*The Owen Sound and Area Family YMCA is dedicated to ensuring that youth of all backgrounds and circumstances grow in spirit, mind and body. Child care, day camp, Camp Presqu'île, recreation programs, Leader Corps., and employment programs help children and youth in Grey and Bruce build character and lead well-rounded lives.*

*We are the largest provider of child care in Grey and Bruce counties. The numbers and voices below describe some of the differences we made this year.*

**90%** of child care parents reported that the *YMCA Playing to Learn* curriculum prepared their children well for kindergarten

**822** students assisted with finding summer employment

**80** teens attended Saturday Teen Nights weekly

**1,166** children attended the YMCA child care program

**2,229** youth took part in day camp programs

**659** youth attended Camp Presqu'île sleepover camp operated in partnership with the Owen Sound Rotary Club

**219** youth involved in Leadership Development

**23** Youth leaders

**146** Camp Presqu'île leaders

**12** Swim instructors

**23** Fitness instructors

**15** NLS lifeguards

*"I go to the Y four or five times a week to lift weights, go on the bikes and **play basketball with my friends**. Everyone is nice and they make me **feel accepted**. The Family Y is a big part of my life."  
Zachary Coulter, Age 16, Hockey and Lacrosse player*



# Building Stronger Communities

## Fostering a sense of social responsibility and helping those in need

*We see it as our responsibility to be aware of, and respond to the needs of the communities where we operate, such as homelessness and unemployment. Regular participation in community forums and planning groups allows us to identify gaps in available community services.*

*We offer programs that educate those in need and provide the tools to succeed. Together we build strong communities.*

**12** volunteers in the Youth Justice Circle program

**900** teachers and students learned about homelessness prevention

**2,454** youth attended the Gambling Education presentations

**361** minor offenders supported by the Alternative Justice program

**2,501** received Housing Support - **600** were homeless

**132** donors gave to the Y Strong Kids Campaign

**1,727** students and adults received employment counselling

**19%** of Health, Fitness and Recreation members received financial assistance

*"The Staff here I will forever be indebted to for all their help. I feel they **saved my life**." - Housing & Employment Client – name withheld.*

*"The Family Y Housing Support Program remains a **critical assistance resource** across Grey & Bruce Counties for dozens of vulnerable residents." - Mayor Kathi Maskell, Town of Hanover*

*"I have witnessed first-hand **the positive impact Restorative Practices** can have in challenging situations. Kudos to you for all your hard work!" -Melissa McEwan, Bluewater District School Board*

# Promoting healthy living

## Spirit, mind and body

*Promoting a culture of healthy living, the Family Y encourages active participation for all regardless of community, age, ability, background or financial situation.*

*Every year the Family YMCA receives hundreds of requests for financial assistance from people of all ages who wish to participate in the Y's Health, Fitness and Recreation programs. Through our financial assistance program, we ensure that no person is left behind.*

*We believe in a total health approach that focuses on the spirit, mind and body and strive to offer a wide variety of fitness and recreational activities for people of all ages.*

**200** participated in *Healthy Kids Day* events to celebrate and encourage healthy living for children and families

**165** clients participated in the Cardiac Care program

**90** seniors participated in daily AquaFit programs

**700** members and participants used Health, Fitness and Recreation programs and services daily

**325** people accessed the pool daily

**150** personal training sessions completed monthly

**3,544** Health, Fitness and Recreation members and participants

A woman was advised by her doctor to become active before surgery. She had recently lost her husband and was depressed about her health, financial situation and life in general. The Family Y **arranged an Assisted Membership** that she could afford. She didn't drive, couldn't afford taxis, and public transit was not an option. The Family Y **helped her access transit** for the disabled.

Before long, she was **participating** in fitness classes, **making new friends** and laughing with others. She'd also stay for coffee after her classes to **interact** with her new friends. Soon she rarely had to use the arranged transit, because her new friends were picking her up and taking her home.

She's now walking without a cane, **brings her grandchildren** with her to the Y, and says, "**The Family Y saved my life.**" *A True Family Y Story*

# Connecting our Community

## The Regional Recreation Centre

[www.regionalreccentre.ca](http://www.regionalreccentre.ca)

*The Regional Recreation Centre will be a state-of-the-art facility that will improve the health and wellbeing of all area residents. The Family Y will be an important component of this community focal point that will allow families to participate in recreational activities simultaneously, either together or individually. We look forward to working with our community to better meet regional needs.*

**125,000** sq. ft. Regional Recreation Centre  
**60,000** sq. ft. Owen Sound and Area Family Y  
**65,000** sq. ft. double ice pad arena operated by the City of Owen Sound

**11** laps to the mile on the walking/running track

**2** pools - tripling the programming space for aquatics

**7,000** sq. ft. in the conditioning centre

**7** water play features including Tarzan rope, slide and whale tail spray

**2,000** sq. ft. of multi-purpose room space

**\$5M** capital fundraising campaign supported by over **50** volunteers

**500+** local donors to date

"The Regional Recreation Centre will have **substantial impact** on the future of our region's health and wellbeing. By bringing a tremendous number of people to our community, it will **change the culture of recreation** in Grey Bruce...today, tomorrow and in generations to come."

*Jim McManaman, Chair, Regional Recreation Committee*

"It is very exciting to see the Regional Recreation Centre construction underway. While Grey Bruce Health Services staff and physicians do everything we can to diagnose and treat illnesses, we would be pleased to see members of our communities spared from those diseases which can be **prevented through better physical health**. The Centre is providing a range of very appealing programs for all ages and levels of physical ability. Having these programs under one roof is a tremendously **positive benefit** to the region and will make a **lasting impact** on our collective good health." *Maureen Solecki, President and C.E.O., Grey Bruce Health Service*



# 2010-2011 Financials

## Owen Sound Family Y.M.C.A. (Operating as the Family Y)

### CONSOLIDATED STATEMENT OF OPERATIONS

For the year ended March 31, 2011

	<u>2011</u>	<u>2010</u>
<b>REVENUES</b>		
Contributions and bequests	\$ 53,849	\$ 45,948
Fundraising	20,223	21,479
Government purchases and grants	4,336,981	3,779,263
Membership dues	1,008,702	976,208
Program fees	2,054,786	2,044,414
Services and supplies	6,925	5,968
Interest income	13,739	21,156
Rent	93,189	93,880
Administration	22,247	22,906
Other	<u>84,365</u>	<u>35,110</u>
	<b>7,695,006</b>	<b>7,046,332</b>
Wage Subsidy Grant	<u>424,887</u>	<u>795,459</u>
	<b><u>8,119,893</u></b>	<b><u>7,841,791</u></b>
<b>EXPENSES</b>		
Printing and promotion	27,884	42,913
Amortization of capital assets	129,879	127,904
Bad debts	2,661	4,807
Bank charges and interest	33,863	31,067
Employee benefits	635,250	597,725
Equipment	163,263	107,044
Fundraising and contribution expenses	17,591	17,902
Membership and association fees	96,227	89,781
Occupancy	716,521	664,174
Office equipment rentals	7,400	9,552
Other expenses	6,850	9,997
Postage	15,216	12,433
Professional fees	23,434	29,167
Purchased services	5,784	5,979
Salaries and wages	4,681,725	4,435,585
Staff and volunteer expenses	132,307	146,120
Supplies	340,842	365,055
Telephone	<u>53,613</u>	<u>48,126</u>
	<b><u>7,090,310</u></b>	<b><u>6,745,331</u></b>
<b>Excess of revenue over expenses before other and new recreation facility fund</b>	<b><u>1,029,583</u></b>	<b><u>1,096,460</u></b>
<b>Other</b>		
Wage subsidies	719,244	786,193
Special support allowances	<u>259,271</u>	<u>145,440</u>
	<b><u>978,515</u></b>	<b><u>931,633</u></b>
<b>Excess of revenue over expense before new recreation facility fund</b>	<b><u>51,068</u></b>	<b><u>164,827</u></b>
<b>Recreation Facility</b>		
New recreation facility fund contributions	1,173,288	71,735
New recreation facility fund expenses	<u>(232,946)</u>	<u>(157,400)</u>
Transfer to City of Owen Sound	<u>(403,682)</u>	-
	<b><u>536,660</u></b>	<b><u>(85,665)</u></b>
<b>Excess of revenue over expense (expense over revenue) for the year</b>	<b><u>\$ * 587,728</u></b>	<b><u>\$ 79,162</u></b>

\*Includes future transfer to City of Owen Sound



# 2010-2011 Financials

## Owen Sound Family Y.M.C.A.

Consolidated Balance Sheet  
For the year ended March 31, 2011



March 31	2011	2010
<b>Assets</b>		
<b>Current</b>		
Cash and bank	\$ 2,150,029	\$ 971,372
Short-term investments	840,536	713,206
Accounts receivable	219,212	190,422
Prepaid expenses	5,817	396
	<b>3,215,594</b>	1,875,396
<b>Capital assets</b>	<b>1,112,821</b>	1,191,026
	<b>\$ 4,328,415</b>	<b>\$ 3,066,422</b>
<b>Liabilities and Net Assets</b>		
<b>Current</b>		
Accounts payable & accrued liabilities	\$ 399,853	\$ 405,290
Deferred revenue	1,132,370	550,506
	<b>1,532,223</b>	955,796
<b>Net Assets</b>		
Invested in net capital assets	1,112,843	1,191,048
Endowment fund	760,351	653,315
New recreation facility fund	466,893	(85,665)
Internally restricted fund	45,117	45,117
Unrestricted	410,988	306,811
	<b>2,796,192</b>	2,110,626
	<b>\$ 4,328,415</b>	<b>\$ 3,066,422</b>

### **Auditor Comments:**

The consolidated balance sheet and the consolidated statement of operations of the Owen Sound Family YMCA have been extracted from the entire financial statement package of the organization audited by BDO Canada LLP Chartered Accountants. The complete financial statement is available for review at the Owen Sound Family YMCA head office during normal business hours.



# Owen Sound and Area Family YMCA Board of Directors and Staff

	<b>Position</b>	<b>Career</b>
Evelyn Dean	President	Business Owner
Brian Dean	Vice President	Manager, Customer Service
Doug Bierer	Treasurer	Chartered Accountant
Mark Avery	Director	Teacher
Ruth Barwell	Director	Social Worker
Mark Cruikshank	Director	Retired
Stephanie Fowler	Director	Financial Planner
Mary Hewitt	Director	Lawyer
David Johnstone	Director	Investment Advisor
Marie Martin	Director	Administrative Assistant
Rod Moore	Director	Teacher
Susan Natsheh	Director	Doctor
Bill Ringel	Director	Police Constable
John Rossitter	Director	Retired

## **Senior Management Team**

Gayle Graham,  
Chief Executive Officer

Susan Kuznicki,  
Director of Finance

Bill McDougall,  
Manager, Community & Employment Services

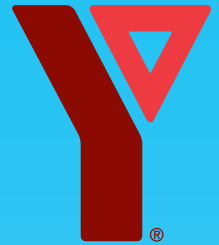
Dennis Morrison,  
Centre Manager/Child Care

Al Nightingale,  
Director of Facilities

Kim Williams,  
Project Manager



# A Regional Perspective



- Health Fitness & Recreation
- ☺ Camp Presqui'le Office
- Before and Afterschool Child Care (# indicates # of available sites)
- ▲ Sites where Community and Employment can access office space to meet clients
- Child Care Centre
- Community & Employment Services



# Owen Sound and Area Family YMCA My Y... for Life.

## Health Fitness and Recreation Centre

640 2nd Avenue East  
Owen Sound ON N4K 2G8  
T: (519) 376-0484  
F: (519) 376-0487

## Family Y Community Services

648 2nd Avenue East  
Owen Sound ON N4K 2G8  
T: (519) 371-9230  
F: (519) 371-9224

## Family Y Employment

**Resource Centre locations**  
1450 1st Avenue West, Suite 4A  
Owen Sound ON N4K 6W2  
T: (519) 371-9222  
F: (519) 371-8856

425 10th Street, Unit 7  
Hanover ON N4N 1P8  
T: (519) 364-3163  
F: (519) 364-3187

## YMCA Child Care Main Office

640 2nd Avenue East  
Owen Sound ON N4K 2G8  
T: (519) 376-0484 ext 211  
F: (519) 376-0487

## Family Y Child Care locations

374 Bruce Street  
Port Elgin ON  
T: (519) 832-6225

612 2nd Avenue East  
Owen Sound ON  
T: (519) 376-0484

898 Queen Street  
Kincardine ON  
T: (519) 396-9622

18 Tain Street  
Ripley ON  
T: (519) 395-5570

600 16th Avenue  
Hanover ON  
T: (519) 364-4938

## Mission Statement

The Owen Sound and Area Family YMCA is a charity dedicated to building a caring, healthy community by creating opportunities for all people to achieve personal growth in spirit, mind and body.

## Vision Statement

The Owen Sound and Area Family YMCA will be a recognized and valued leader in making a positive difference to the health and well-being of our community through the provision of values-based programs and services that reflect the changing needs of our community.

## Core Values

Our Y's core values guide our everyday decisions and actions. We encourage everyone involved with the Y to accept and demonstrate these values.

**Caring:** accepting others, being compassionate, generous, sensitive and thoughtful towards the needs of others.

**Honesty:** shown through integrity, fairness and sincerity in words and deeds, being trustworthy and trustful.

**Respect:** acknowledging the inherent worth in oneself and others, treating others fairly and justly

**Responsibility:** being accountable for one's behaviour, obligations and actions.

Charitable Registration No. 11907 4995 RR 0001