



Responsibility
Respect
Honesty
Caring

YMCA of Owen Sound Grey Bruce Volunteer Board of Directors

	Position	Career
Evelyn Dean	President	Business Owner
Brian Dean	Vice President	Manager, Customer Service
Doug Bierer	Vice President / Treasurer	Chartered Accountant
Mark Avery	Director	Teacher
Ruth Barwell	Director	Social Worker
Maria Canton	Director	Communications
Stephanie Fowler	Director	Financial Planner
Jeff Franks	Director	Co-Director, Mental Health Services
Mary Hewitt	Director	Lawyer
David Johnstone	Director	Investment Advisor
Rod Moore	Director	Teacher
Susan Natsheh	Director	Doctor
Brian O'Doherty	Director	Doctor
Bill Ringel	Director	Police Officer
John Rossitter	Director	Retired

Senior Management Team

Gayle Graham	Chief Executive Officer
Susan Kuznicki	Director of Finance
Bill McDougall	Manager, Community & Employment Services
Dennis Morrison	Manager, Child Care & Membership Services
Al Nightingale	Manager of Facilities
Kim Williams	Centre Manager, Health, Fitness & Recreation

Locations

YMCA Health & Fitness Centre	700 10th Street East, Owen Sound	519 376-0484
YMCA Community Services	648 2nd Avenue East, Owen Sound	519 371-9230
YMCA Employment Services	4A-1450 1st Avenue West, Owen Sound	519 371-9222
	7-425 10th Street, Hanover	519 364-3163
YMCA Child Care Main Office	700 10th Street East, Owen Sound	519 376-0484
YMCA Child Care Centres	600 16th Avenue, Hanover	519 364-4938
	898 Queen Street, Kincardine	519 396-9622
	612 2nd Avenue East, Owen Sound	519 372-9295
	374 Bruce Street, Port Elgin	519 832-6225
	18 Tain Street, Ripley	519 395-5570

Mission Statement

The YMCA of Owen Sound Grey Bruce is a charity dedicated to building a caring, healthy community by creating opportunities for all people to achieve personal growth in spirit, mind and body.

Vision Statement

The YMCA of Owen Sound Grey Bruce will be a recognized and valued leader in making a positive difference to the health and well-being of our community through values-based programs and services that reflect the changing needs of our community.

Charitable Registration No: 11907 4995 RR0001

*The Y is a place for
all people of all ages!*



YMCA of Owen Sound Grey Bruce 2011-2012 ANNUAL REPORT



Message from the President & CEO

Over the last 135 years, the Family Y has continually evolved and rose to the call of the communities it serves. With an unwavering focus on building healthy communities, the Family Y has committed itself to meeting the needs of residents across Grey and Bruce counties. Fostering regional partnerships has been a priority, and we look forward to continuing in this direction. We thank our community partners for their support. Together we can achieve more, than either could accomplish alone.

This past year has marked another year of significant change in the work of the Family Y, and its regional relationships. We are now known as the YMCA of Owen Sound Grey Bruce, a name that we believe better represents all of the communities we are a part of.

The face of YMCA Child Care continues to transform. The increased adoption of full day kindergarten across Grey and Bruce has led to a decline in the number of full day users, which is contrasted by continued growth in YMCA Before and After School programs. Parents find comfort in knowing that their children receive care by our experienced Early Childhood Educators. The national YMCA "Playing to Learn" curriculum is a teaching approach designed to ensure a child's continued enthusiasm and capacity for life-long learning.

YMCA Community and Employment Services carry on their important role in the delivery of vital social services across the region. The unemployed have qualified YMCA staff members who can help them find employment, plan their future, or pursue training to point them in a new direction. Those in need of housing or temporary shelter have resourceful YMCA staff that can help. Other community services are in place that fill gaps that, by no means insignificant, address issues that people and families deal with.

The new Family Y Health and Fitness Facility, located in the Julie McArthur Regional Recreation Centre is a game changer in how people across the region participate in physical activities and active play. It enables the community to improve their health and get active. The multi-purpose function of the facility, along with age and ability-specific programs ensure the Y is continuing to meet the needs of everyone.

Our dedicated volunteers took on many new challenges presented this past year. The depth of their commitment is invaluable to the Y. Their ongoing support enables us to continue to provide and improve our programs and services.

The YMCA of Owen Sound Grey Bruce is deeply devoted to building healthy communities across Grey and Bruce. This determination is ingrained in the work we do, is carried by staff and volunteers, and made possible by the support of many. We are proud community advocates.

Thank you for enabling us to **build healthy communities, in spirit, mind and body.**

Evelyn Dean
President, Y Board of Directors

Gayle Graham
Chief Executive Officer



Grey Bruce Health Statistics¹

- 62% of adult residents are overweight or obese
- 1 in 5 adults have high blood pressure
- 48% of residents are inactive
- 1 in 4 students spend 3 or more hours in front of a screen per day
- 18% of children are classified as overweight
- 11% of children classified as obese

Building healthy communities

By providing health and fitness opportunities for all people of all ages

Three years ago, the YMCA of Owen Sound Grey Bruce, in partnership with the City of Owen Sound and a dedicated group of volunteers decided it was time to build a healthy community. Build Canada Infrastructure Funding from the Federal and Provincial governments provided the boost the project required. It was time to construct a multi-purpose facility that was financially and physically accessible to all people of all ages.

Today, the Family Y has a new home in the Julie McArthur Regional Recreation Centre. The community hub offers age and ability specific programs. The double ice pad arena, and new Family Y Health and Fitness Facility provide enhanced and improved amenities to better serve the continually changing needs of our community.

The new Family Y comes at a time when cancer and heart disease are the top two killers in Canada², and the life expectancy for children is anticipated to be less than that of their parents³. The Family Y rises to the challenge of improving the health of Grey and Bruce with a sense of determination and hope. It is about prevention. It is about getting people active together. **It is about promoting health in spirit, mind and body.**

Health & Fitness Stats

- 4,182 members and program participants
- 780 members and participants used Health, Fitness and Recreation programs daily
- 675 people used the Aquatic Centre daily
 - 325 Lane Pool
 - 350 Leisure Pool
- 161 personal training sessions completed monthly
- 100 participated in daily Aquafit programs
- 19.5% received financial assistance to participate in YMCA programs



Family Y Fact Sheet

47 sites throughout Grey and Bruce counties

- 1 Health, Fitness and Recreation Centre
- 2 Employment Resource Centres
- 5 Child Care Centres
- 17 Before and After School Child Care programs
- 16 sites across Grey and Bruce for Employment staff to meet clients
- 1 Outdoor Resident Camp - Camp Presqu'île in partnership with the Owen Sound Rotary Club
- 1 Community Services Office
- 4 Day Camp Programming locations

15,095 members, program participants and volunteers

- 4,182 Health, Fitness and Recreation participants
- 1,077 Child Care participants
- 1,182 Employment Services participants
- 5,172 Community Services participants
- 3,335 Residential and Day Camp participants
- 147 Volunteers

YMCA Employment & Community Services

- 18,916 visits to Employment Resource Centres
- 452 minor offenders supported by the Alternative Justice Program
- 2,599 people received housing support
- 782 students hired through the Summer Jobs Service
- \$482,991 provincial funding provided to local businesses to assist students
- 2121 individuals attended YMCA Gambling Education presentations 1822 were youth



Children Youth & Teens

- 1,077 children attended YMCA Child Care
- 122,012 hours of YMCA Child Care provided
- 2,861 youth participated in day camp programs
- 474 youth attended Camp Presqu'île
- 172 people involved in Leadership Development courses
 - 15 Young Leaders
 - 87 Camp Presqu'île Leaders
 - 18 Swim Instructors
 - 30 National Lifeguard Service (NLS) Lifeguards
 - 10 Pre-NLS Lifeguards
 - 12 Fitness Instructors

1 Local Grey Bruce Stats. (nd). Retrieved August 31, 2012, from <http://playbrucegrey.com/local-stats.cfm>
 2 Leading Causes of Death. (2011). Retrieved August 31, 2012, from <http://www.statcan.gc.ca/daily-quotidien/111101/dq111101b-eng.htm>
 3 Michael Kramer. (2008, April 10). SOS for health & safety of Canadian children. *The Star*. Retrieved August 31, 2012, from <http://www.thestar.com/opinion/article/413037--sos-for-health-and-safety-of-canadian-children>

2011-2012 Financials Owen Sound Family Y.M.C.A
Consolidated Statement of Operations (For the year ended March 31, 2012)



For the year ended March 31	2012	2011
Revenues		
Contributions and bequests	\$ 36,457	\$ 53,849
Fundraising	10,265	20,223
Government purchases and grants	3,510,520	4,336,981
Membership dues	1,001,541	1,008,702
Program fees	2,050,661	2,054,786
Services and supplies	5,323	6,925
Interest income	20,120	13,739
Rent	92,146	93,189
Administration	20,716	22,247
Other	52,783	84,365
	6,800,532	7,695,006
Wage Subsidy Grant	894,673	424,887
	7,695,205	8,119,893
Expenses		
Printing and promotion	42,643	27,884
Amortization of capital assets	108,863	129,879
Bad debts	4,303	2,661
Bank charges and interest	37,709	33,863
Employee benefits	666,263	635,250
Equipment	97,708	163,263
Fundraising and contribution expenses	17,734	17,591
Membership and association fees	97,143	96,227
Occupancy	604,295	716,521
Office equipment rentals	7,461	7,400
Other expenses	17,871	6,850
Postage	10,291	15,216
Professional fees	117,983	23,434
Purchased services	1,656	5,784
Salaries and wages	4,632,008	4,681,725
Staff and volunteer expenses	129,168	132,307
Supplies	306,846	340,842
Telephone	42,390	53,613
	6,942,335	7,090,310
Excess of revenues over expenses before other and new recreation facility fund	752,870	1,029,583
Other		
Wage subsidies	683,247	776,327
Special support allowances	181,580	202,188
	864,827	978,515
Excess of revenues over expenses (expenses over revenues) before new recreation facility fund	\$ (111,957)	\$ 51,068
Recreation Facility Fund		
New recreation facility fund contributions	1,456,558	1,173,288
New recreation facility fund expenses	(72,957)	(232,946)
Transfer to City of Owen Sound	(1,852,819)	(403,682)
	(\$469,218)	536,660
Excess of revenues over expenses (expenses over revenues) for the year	\$ *(581,175)	\$ 587,728

*Includes 2011 fundraising surplus transferred to the City of Owen Sound in 2012

2011-2012 Financials Owen Sound Family Y.M.C.A

Consolidated Balance Sheet (For the year ended March 31, 2012)



March 31	2012	2011
Assets		
Current		
Cash and bank	\$ 1,200,286	\$ 2,150,029
Short-term investments	843,825	840,536
Accounts receivable	223,775	219,212
Prepaid expenses	4,412	5,817
Assets held for sale	518,849	-
	2,791,147	3,215,594
Capital assets	492,738	1,112,821
	\$ 3,283,885	\$ 4,328,415
Liabilities and Net Assets		
Current		
Accounts payable and accrued liabilities	\$ 464,701	\$ 399,853
Deferred revenue	604,167	1,132,370
	1,068,868	1,532,223
Net assets		
Invested in net capital assets	1,011,609	1,112,843
Endowment fund	773,173	760,351
New recreation facility fund	(\$2,325)	466,893
Internally restricted	45,117	45,117
Unrestricted	387,443	410,988
	2,215,017	2,796,192
	\$ 3,283,885	\$ 4,328,415

Auditor Comments

The consolidated balance sheet and the consolidated statement of operations of the Owen Sound Family Y.M.C.A. have been extracted from the entire financial statement package of the organizations audited by BDO Canada LLP Chartered Accountants. The complete financial statement is available for review at the Owen Sound Family Y.M.C.A head office during normal business hours.