

who we are

mission

The YMCA of Owen Sound Grey Bruce is a charity dedicated to building a caring, healthy community by creating opportunities for all people to achieve personal growth in spirit, mind and body.

vision

Our YMCA is a community leader for improving the health and vitality of Owen Sound, Grey and Bruce counties.

values

The work we do is grounded by our core values:

**caring . honesty
respect . responsibility**

Charitable Registration No: 11907 4995 RR0001

Volunteer Board of Directors

	Position	Career
David Johnstone	President	Financial Advisor
Maria Canton	Vice President	Theatre Manager
Gwynne Potter	Vice President/Treasurer	Chartered Professional Accountant
Doug Bierer	Past President	Chartered Professional Accountant
Liz Cranny	Director	Police Officer
Greg Deakin	Director	Lawyer
Ann Dumyn	Director	Corporate Officer
Elisa Glasser	Director	Office Manager
Christine Kennedy	Director	Doctor
Danielle Landry	Director	Lawyer
Lindsay MacDermid	Director	Health Program Evaluator
Colin McIver	Director	Doctor
Rhea Rimmer	Director	Front Office Manager & RPN
Jessica Samborski*	Director	Speech Pathologist
Ryan Turner*	Director	Physiotherapist

*retired from Board

Senior Leadership Team

Gayle Graham	Chief Executive Officer
Lisa Adams	Manager, Health, Fitness & Aquatics
Nic Hayne	Manager, Facilities
Susan Kuznicki	Manager, Finance
Dennis Morrison	Manager, Child Care
Susan Seifert	Manager, Community & Employment Services

Locations

Health, Fitness & Aquatics	700 10th Street East, Owen Sound	519 376-0484
Community Services	648 2nd Avenue East, Owen Sound	519 371-9230
Employment Services	4A-1450 1st Avenue West, Owen Sound 7-425 10th Street, Hanover	519 371-9222 519 364-3163
Child Care Centres	600 16th Avenue, Hanover 898 Queen Street, Kincardine 612 2nd Avenue East, Owen Sound 374 Bruce Street, Port Elgin 18 Tain Street, Ripley	519 364-4938 519 396-9622 519 372-9295 519 832-6225 519 395-5570



ymcaowensound.on.ca

Thank you to our Community Partners!

For a full list please contact us

- Alzheimer Society of Grey-Bruce
- Better Pool Committee
- Bluewater District School Board
- Bruce-Grey Catholic District School Board
- Canadian Tire JumpStart
- Canadian Mental Health Association
- City of Owen Sound
- Community Foundation Grey Bruce
- County of Bruce
- County of Grey
- Georgian College
- Government of Canada
- Government of Ontario
- Grey Bruce Health Unit
- Grey Bruce Health Services
- Hope Grey Bruce
- Ministry of Children & Youth
- Ministry of Community Safety and Correctional Services
- Ministry of Education
- Ministry of Health & Long Term Care
- Ministry of the Attorney General
- Ministry of Training, Colleges & Universities
- Municipality of Meaford
- M'Wkwedong Native Cultural Resource Centre
- Owen Sound Aquatic Club
- Owen Sound Hunger and Relief Effort
- Rotary Club of Owen Sound
- Safe'n Sound
- Salvation Army
- Swim to Survive Partners
- Township of Georgian Bluffs
- United Way Bruce Grey
- Y Service Club

It starts here



YMCA of Owen Sound Grey Bruce
**2015 - 2016
Annual Report**

This past year we asked members to fill in the blanks on a special form to tell us their Y story. The results were surprising, funny, touching, and we'd like to share this one with you. We've used italics below to reflect the blanks filled in by this member.

Once upon a time, a *mom* named *Claudia* came to the Y. *This girl* came because *she was sad*. Her first impression was that *it was all beyond her*. Soon, *Claudia* started to *work out* at the YMCA. *She* learned that *if she eats well & shows up every day* she was capable of *losing weight*. Before long *she* felt *happier and stronger*. Because of coming here, *life-changing stuff* happened. It allowed *her* to *be more than just a mom*. Since then, everything has been *possible*. It has been an *exciting journey*. *Claudia* is now a *gym addict* and plans to *stay that way*.

The story above stood out to us because it reflects a phenomenon that seems to happen for people of all ages, and all walks of life, who come into contact with the YMCA: they find something.

It could be friendship, or fitness, or courage. For some it's a career path, the right place to live, or a caregiver who truly loves their child. Sometimes it's a little bit of relief in a crisis. With the wide range of services offered by the YMCA all over the region, it's not surprising there are equally diverse outcomes for people we help. For many, whatever they need, whatever their 'it' is, they find it through our YMCA. **It starts here.** This is a privilege, and we know it.

That's why we've spent the year working to support our new strategic plan, launched in fall 2015. The strategy has us focused on four goals: strengthen our impact, engage our community, increase our capacity and extend our reach. We feel this is the best way to take affirmative action in creating healthier communities throughout Grey and Bruce.

Over the past year, our strategic plan has been the start of something for us. Having staff and volunteers apply the four pillars of the strategy to their work has resulted in strong progress: for example, a full twelve of the seventeen statistics given in this annual report are higher than last year's numbers. The strategic plan has led us to launching new programs and partnerships, investing in new technology, strengthening the governance of our Board of Directors and more. The strategic plan has left us excited for the progress we will make in future years, because that progress will help us serve more people in our community.

We feel this is the start of a new chapter for our Association. As we celebrate 139 years of serving local residents, our strategic plan is helping us to find new ways to do an even better job and make sure all people have the chance to find their 'it' through our YMCA.

Thank you for taking the time to look over our annual report. If it inspires you to join us in our mission, please consider volunteering, making a donation, suggesting a partnership, or just coming in for a visit. You never know what will start here!

David Johnstone
President, Board of Directors

Gayle Graham
Chief Executive Officer

27
Program sites
throughout
Grey Bruce

19,401+
people served
by our YMCA

283
staff members
helping us
achieve this

12
of these #s are
higher than
last year

empowerment starts here.

368 teens & adults repaired relationships within their communities through alternative justice measures

274 students gained valuable skills through the Summer Jobs Service

48 volunteers gave **3,265** hours of their time, energy and talents to our cause

736 youth enjoyed YMCA Before & After School programs all over Grey Bruce

341 children played, learned and grew at YMCA Child Care centres

2,555 people ages 6 - 54 took part in the YMCA Gambling Awareness program

"[The Y] has made my adjustment from a very large city to Owen Sound pleasant and welcoming."
- anonymous comment from 2016 Member survey

transformation starts here.

141 Cardiac Rehab participants learned to safely incorporate exercise into their lives

17,085 visits from teens & adults accessing our Employment Resource Centres

2,324 people received housing support

806 people of all ages received financial assistance from our Y to access programs

"The only cure for Mental Illness is exercise. I love the Y, the staff, and the atmosphere. I lost almost 70Lbs and have made the Y a part of my life. Thanks."

- anonymous comment from 2016 Member survey

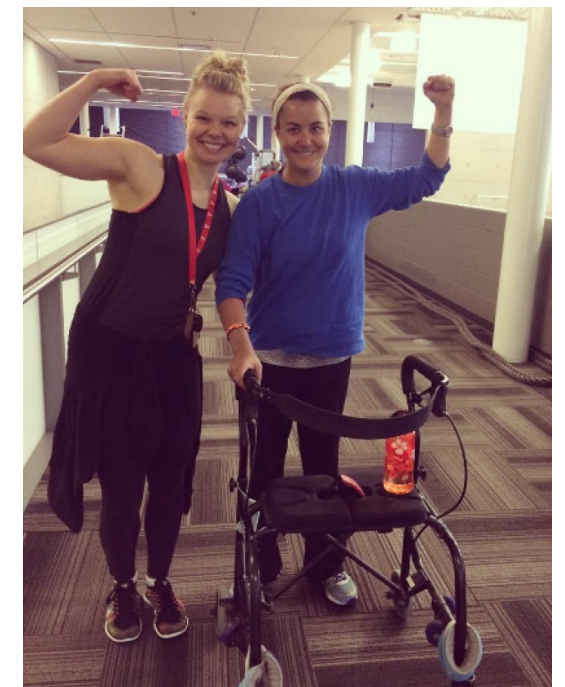


better health starts here.

1,253 seniors, **2,994** children/teens & **4,369** adults took on new challenges and improved their health at the YMCA Health, Fitness & Aquatics facility (**8,616 total!**)

1,873 youth ages 4 - 12 were active all summer long at YMCA Day Camp

622 youth ages 6 - 16 had the ultimate summer adventure at Camp Presqu'île



"We feel like the educators actually take the time to get to know and understand our daughter and through that have tapped into her sense of learning and fostered her development."
- anonymous comment from 2016 Child Care parent survey

The YMCA of Owen Sound Grey Bruce offers financial assistance to all members of our community, enabling those in need to realize their potential through participation in our programs and services.

This year our fundraising helped more than 800 people of all ages move beyond financial barriers to empower themselves and improve their lives.

Over **316** people gave generously and helped us do this. **Thank you.**

Community Programs

- Health, Fitness and Recreation
- Aquatics and Swimming Lessons
- Employment Programs
- Housing Support
- Alternative Justice
- Youth Gambling Awareness Program
- Youth in Transition Worker Program
- YMCA Child Care
- Before and After School Care
- YMCA Day Camps
- Camp Presqu'île Overnight Camp
- YMCA Healthy Kids Day
- YMCA Peace Medallion
- Volunteer Opportunities
- Opportunities to Give