



PACKING LIST BASED ON 2-WEEK SESSION

Recommended Items

- 1 rain coat with hood (waterproof)
- 1 pair of rain boots
- 1 sun hat
- 1 tube of sunscreen (minimum SPF 60)
- 1 sleeping bag
- 1 blanket
- 1 pillow
- 10-12 pairs of socks
- 14 pairs of underwear
- 12 T-shirts
- 3 pairs of long pants
- 4-6 pairs of shorts
- 4 long-sleeve T-shirts
- 2 sweaters (fleece, wool)

Optional Items

- Writing paper, envelopes, and pen
- Stamps
- Journal
- Small backpack

- 1 pair of running shoes
- 1 pair of sandals
- 2 swim suits (no string/clasp bikinis please)
- 3 towels
- 3 pairs of pajamas
- 1 toothbrush and toothpaste
- 1 brush or comb
- 1 insect repellent
- 1 pair of sunglasses
- 1 flashlight/extra batteries
- 1 water bottle (camp also sells water bottles)
- 1 camera
- Soap and shampoo for showers at camp (biodegradable if possible to be easy on our septic system)
- Musical instrument
- Books
- PFD
- Fitted sheet for a single bed
- Stuffed animals or comfort items