

HOLIDAY SCHEDULE - Good Friday, April 3, 2026

7:00 AM - 3:00 PM

Time	Pools		Gymnasium	Studios		Fitness Centre	Program Rooms			
	Lane	Leisure		Cycle	Fitness		1	2	3	
7:00										
7:15										
7:30										
7:45										
8:00			Pickleball: Rec 7:00-9:30			Boot Camp 8-8:30				
8:15										
8:30	Lane Swim 8:30-10:30	OSAC 8:30-10:30 (4)								
8:45										
9:00										
9:15										
9:30										
9:45										
10:00			Badminton 9:30-11:00			Gravity 10-10:30				
10:15										
10:30										
10:45										
11:00							Closed	Closed	Closed	
11:15										
11:30		Family Swim 11-12:30								
11:45										
12:00					Core 12-12:30					
12:15										
12:30										
12:45			Family Gym 11:15-2:30							
1:00		Rec Swim 12:30-2								
1:15										
1:30										
1:45										
2:00										
2:15										
2:30										
2:45										
3:00										
Closed										