HOLIDAY SCHEDULE - Victoria Day, May 18, 2026 — 7:00 AM-3:00 PM

Time	Pools		Gymnasium	Studios		Fitness Centre	Program Rooms		
	Lane	Leisure		Cycle	Fitness		1	2	3
7:00			Pickleball: Rec 7:00-9:30				Closed	Closed	Closed
7:15									
7:30									
7:45									
8:00						Boot Camp 8-8:30			
8:15									
8:30	Lane Swim 8:30-10:30 / OSAC 8:30-10:30 (4)								
8:45									
9:00									
9:15									
9:30			Badminton 9:30-11:00		Tai Chi 1* 9:30-10				
9:45									
10:00					Tai Chi 3* 10-11:30	Core 10-10:30			
10:15									
10:30									
10:45									
11:00		Family Swim 11-12:30							
11:15			Family Gym 11:15-2:30						
11:30									
11:45									
12:00									
12:15					Stretch 12:15-12:45				
12:30		Rec Swim 12:30-2							
12:45									
1:00									
1:15									
1:30									
1:45									
2:00									
2:15									
2:30									
2:45									
3:00									