

Partner Day - Sunday, July 26th 7:00 AM-3:00 PM

Time	Pools		Gymnasium	Studios		Fitness Centre	Program Rooms		
	Lane	Leisure		Cycle	Fitness		1	2	3
Registration recommended for Group Fitness Classes. Programs with * registration is required									
7:00			Pickleball: Competitive (18+ yrs) 7-9						
7:15									
7:30									
7:45									
8:00									
8:15									
8:30									
8:45									
9:00	Lane Swim 9-10:30		Pickleball: Beginner/Rec 9-10:30						
9:15									
9:30									
9:45		Open Swim 10:30-11:30				W.O.W. 9:30-10			
9:45	Aquafit 9:45-10:30								
10:00									
10:15									
10:30									
10:45				Basketball 10:45-11:45					
11:00									
11:15									
11:30									
11:45									
12:00									
12:15									
12:30		Rec Swim 11:30-2							
12:45									
1:00			Family Gym 12-2:45						
1:15									
1:30									
1:45									
2:00									
2:15									
2:30									
2:45									
Sunday									