Shine On Owen Sound Grey Bruce

ymcaowensound.on.ca

Swim lessons are a valuable investment at any age! Register online or at the Welcome Desk of our Health, Fitness & Aquatics facility. Make sure your Active Net account is up to date before registration opens.

- All swim lessons are 30 minutes except for Star 4,5,6 which are 40 minutes, & Lifesaving Sport is 90 minutes.
- YMCA Memberships include 1 set of group swim lessons. To redeem, members apply coupon code "SessionB2026" at checkout. Coupon does not include Private Lessons and Aquatic Certifications.

Session B Swim Lessons (Nov 23 – Jan 31, No lessons Dec 19 – Jan 03)

LEVEL	MON	TUE	WED	THU	FRI	SAT	SUN
Splashers/ Bubblers	10:15 AM 1:10 PM 4:35 PM 5:10 PM	9:40 AM 4:35 PM 5:10 PM	9:40 AM 10:15 AM 4:35 PM 5:10 PM	4:35 PM 5:45 PM	9:40 AM	9:00 AM 10:10 AM	8:50 AM 10:00 AM
Bobber	10:15 AM 1:10 PM 4:00 PM 4:35 PM	10:15 AM 4:35 PM 5:10 PM	4:00 PM 5:10 PM	4:00 PM 5:10 PM	10:15 AM	9:00 AM 10:10 AM	8:50 AM 9:25 AM
Floater	10:15 AM 1:10 PM 4:35 PM	10:15 AM 4:00 PM 5:10 PM 5:45 PM	4:00 PM 5:45 PM	4:00 PM 5:10 PM 5:45 PM	10:15 AM	9:00 AM 9:35 AM 10:10 AM 11:20 AM	8:50 AM 9:25 AM
Glider	1:45 PM 4:35 PM	4:00 PM 5:10 PM 5:45 PM	4:00 PM 5:45 PM	4:00 PM 5:45 PM 6:20 PM		9:00 AM 9:35 AM 10:10 AM 10:45 AM 11:20 AM	8:50 AM 9:25 AM 10:35 AM
Diver	1:45 PM 4:35 PM	4:35 PM	4:35 PM 5:45 PM	4:35 PM 6:20 PM		9:35 AM 10:45 AM	10:35 AM
Surfer		4:35 PM	4:35 PM	4:35 PM		9:35 AM 10:45 AM	
Jumper		4:35 PM	4:35 PM	4:35 PM		9:35 AM	
Otter	1:30 PM 4:00 PM	4:00 PM 5:45 PM	4:35 PM 5:45 PM	4:00 PM 4:35 PM 5:10 PM		9:35 AM 10:45 AM	8:15 AM 9:25 AM 10:00 AM
Seal	1:30 PM 5:10 PM	4:00 PM 5:45 PM	4:00 PM 5:45 PM	4:35 PM 5:10 PM		9:35 AM 11:20 AM	8:15 AM 10:00 AM
Dolphin	2:40 PM	4:00 PM 5:10 PM	4:00 PM 5:10 PM	4:35 PM 5:45 PM		9:00 AM	10:35 AM 11:10 AM
Swimmer	2:40 PM	4:00 PM 5:10 PM	4:00 PM 5:10 PM	4:35 PM 5:45 PM		11:55 AM	10:35 AM 11:10 AM
Star 1	2:05 PM 5:10 PM	4:35 PM	4:35 PM 5:10 PM	5:10 PM 5:45 PM		10:45 AM	10:35 AM
Star 2	2:05 PM 5:45 PM	5:45 PM	5:45 PM			10:45 AM	11:10 AM
Star 3	2:05 PM 5:45 PM	5:45 PM	5:45 PM	4:00 PM		10:45 AM	11:10 AM
Star 4	1:45 PM		6:20 PM	4:00 PM		11:20 AM	11:10 AM
Star 5	1:45 PM		6:20 PM			11:20 AM	
Star 6	1:45 PM		6:20 PM			11:20 AM	
Teen							11:10 AM *Beginner*
Adult	9:40 AM *Beginner & Advanced*		6:20 PM *Beginner*			9:35 AM *Beginner*	
Lifesaving Sport						11:30 AM	
Private Lessons Times with * are in Leisure Pool only	2:20 PM 4:00 PM 5:45 PM 6:20 PM	4:35 PM 6:20 PM*	6:20 PM*	6:20 PM*		12:05 PM 12:30 PM	7:30 AM* 8:15 AM* 11:45 AM

Fees: **Splasher/Bubbler**: $140, **Bobber-Dolphin, Teen, Adult:** $165, **Swimmer-Star 3**: $175, **Star 4/5/6** $200.
Private Lessons: $320 (Members), $400 (Public). **Lifesaving Sport**: $150 (Members), $200 (Public),
The above fees are applicable to all 8 Week sessions of swim lessons.

Please note: Swim lesson schedules are occasionally subject to change. For the latest and most accurate times, please refer to the available sessions on ACTIVE Net.